WELLNESS RETREAT FONTENILLE MENORCA



FROM OCTOBER 23RD TO 26TH AND FROM OCTOBER 30TH TO NOVEMBER 2ND

DAY 1

Arrival at Santa Ponsa
Welcome detox drink
Visit to the Santa Ponsa quarry
Picnic basket
Check-in
Yoga session in the gardens
Dinner at Nura (à la carte)

DAY 2

Gentle wake-up: yoga and meditation
Breakfast
Free time (visit of the gardens & Spa Susanne
Kaufmann)
Yoga session on the Spa terrace
Dinner at Nura (à la carte)

DAY₃

Tonic wake-up
Yoga session on the cliffs of Torre Vella
Breakfast
Visit & aromatic herbal distillation workshop
Free afternoon (Spa or shopping)
Yoga session on the Spa terrace
Dinner at Nura (à la carte)

DAY 4

Tonic wake-up Breakfast Free time Check-out

SERVICES NOT INCLUDED

- Flights and transfers to the hotel (we remain at your disposal to help you organize it)
- Lunches
- Alcoholic beverages

PAYMENT & CANCELLATION CONDITIONS

- Rates from €1,190 (single room) or €1,581 (double room, i.e. €791 per person) including room, breakfasts, access to the Spa and all planned activities
- Payment of a 850€ deposit on the date of purchase (non-refundable)
- For early bird rates (until September 15th), the first payment is 750€
- The balance (900€ for a single room or 400€ for a double room) is automatically debited on September 15th from the credit card used to pay the deposit
- For bookings made after September 15th, the full amount will be debited at the time of booking
- Cancellations possible (without refund of deposit) up to September 15th
- No cancellations and/or refunds after this date